

Face Mask Safety

Know the Facts Before You Wear One

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<https://www.ukcolumn.org/ukcolumn-news/uk-column-news-26th-june-2020>

Decreases Oxygen Intake

Breathing through a mask decreases the amount of oxygen we need to live and be healthy, increases acidity, and makes breathing difficult.

Increases Toxic Inhalation

Toxins that we normally exhale as we breathe become trapped in the mask and re-inhaled into the lungs, increasing symptoms.

Shuts Down the Immune System

The wearing of a mask decreases oxygen intake, and increases carbon dioxide and toxin intake, putting the body under stress, releasing cortisol, and shutting down the immune processes.

Increases the Virus Risk

The wearing of a mask encourages triggering and infection from dormant retro viruses already in the body, thus taking advantage of an immune system already weakened due to mask wearing.

Scientifically Inaccurate

Virologists measure Covid-19 to be 80-140nm in size, making the weave of material masks to be the equivalent of a chain-fence to a mosquito.

The Effectiveness of Masks Not Studied

Absolutely no peer-reviewed studies have been carried out of mask effectiveness within a social environment to control, prevent, or eliminate the spread of disease.

https://www.bayith.org/Covid19_WearingFaceMasks.htm